



# Pre Care - Permanent Makeup

## EYEBROWS

### **TYPICAL EFFECTS**

Mild swelling, some redness for one or two days following the procedure.

Brows will appear too dark, too thick, color will soften in 7 - 10 days.

Peeling will start about 4-5 days following procedure. Do not pick or peel off! This will result in color loss and/or scarring.

Normally color will become 50% to 70% lighter in 10 days after procedure.

Color gradually comes back, however healed result will be lighter than right after the application.

### **POST PROCEDURE CARE**

You will be provided with detailed aftercare instructions.

### **AVOID**

Avoid **one week prior**; moisturizers, chemical peels (glycolic/phenol acids, alpha hydroxyl acids, Retin-A, Retinol), electrolysis.

Avoid direct sun exposure, tanning beds during healing.

Avoid swimming pools, ocean, hot tubs, saunas and hot steamy showers until healed.

Accutane – recommended to stop one year prior the procedure, please consult with your doctor.

Botox –NO botox at least 6 week prior the procedure, must wait till fully healed (about 4 weeks after permanent makeup procedure).

## EYELINER

### **TYPICAL EFFECTS**

Moderate to severe swelling and redness (like you've been crying) immediately following the procedure.

Mild swelling 1-3 days after. Eyeliner will appear thicker and darker. Some itching and feeling of dry eyes is normal.

As the skin begins to flake do not pick at it. Any picking will result in loss of pigment and/or scarring. It is normal to lose up to 70% of color after first application.

**\*No alcohol, no coffee, no strong tea 24 hours before procedure\***

### **POST PROCEDURE CARE**

You will be provided with detailed aftercare instructions.

### **IMPORTANT**

- DO not wear contact lenses for your procedure
- No makeup the day of the procedure
- No eyelash extensions
- You will need someone to drive you home

### **AVOID until healed**

Eye creams, Retin-A, lash extensions, direct sun exposure, swimming pools, oceans, hot tubs, saunas, hot steamy showers

### ***OTHER***

Accutane – recommended to stop one year prior the procedure

Botox – NO botox 6 week prior the procedure, otherwise must wait until fully healed

Restais (Cyclosporine) – can cause increased sensitivity of eyelid, ask your doctor if you can discontinue for 30 days prior permanent makeup eyeliner procedure, and resume 2 weeks after follow up appointment.

## **LIPS AFTER CARE**

### ***TYPICAL EFFECTS***

Moderate swelling, tenderness usually one to two days following the procedure. Color will appear too intense for 4-5 days.

Peeling will begin, lips will be very chapped, **DO NOT PEEL OFF**. Lips will remain a bit dry for about a month. It is not uncommon to lose up to 70% of color after first application.

### ***POST-PROCEDURE CARE***

You will be provided with detailed aftercare instructions.

### ***AVOID***

**NO lipstick 2 weeks prior procedure.**

**Avoid during healing:** direct exposure to sun, tanning beds, and self-tanners, swimming pools, ocean, hot tubs, saunas and hot steamy showers.

### ***OTHER***

**\*If you have history of cold sores/fever blisters you will be required to obtain a proper prescription from your physician to prevent an outbreak.\***

Accutane – recommended to stop one year prior the procedure

Botox – NO botox 6 weeks prior the procedure, otherwise must wait till fully healed after touch up session

**Call 718-505-2737 if you have any questions**